**Social Prescribing Pop-in Coffee Mornings**

Drop in between **10am and 12pm on:**

Come and meet our social prescribing team and make some new friends!

For Hamstreet please enter via the gate at the rear of the practice

**Thursday 16th Feb 2023 - Hamstreet Surgery**

**Thursday 16th March 2023 - Woodchurch pop in**

**Thursday 20th April 2023 - Charing Surgery**

**Thursday 18th May 2023 - Ivy Court Surgery**

**Thursday 15th June 2023 - Hamstreet Surgery**

**Thursday 20th July 2023 - Woodchurch pop in**

**Thursday 17th August 2023 - Charing Surgery**

**Thursday 21st Sept 2023 - Ivy Court Surgery**

**Thursday 19th Oct 2023 - Hamstreet Surgery**

**Thursday 16th Nov 2023 - Woodchurch pop in**



**What can a Social Prescriber do?-**

* Introduce you Community Groups, a New Activity or a Local Club
* Benefits advice and blue badge applications
* Assessments for home aids if you are struggling to remain independent
* Volunteering opportunities